



**See a GP online over secure video,
from home or work -
on your smartphone, tablet or pc**

As part of Portsdown Group Practice's commitment to improving access for our patients we're using **Q doctor** to enable video consultations with GPs.

This means for certain conditions* you can see a GP from home or work, without having to come to the surgery.

Simply call the Appointment line on
02392 009191
to get your **unique code** then
book your video consultation online.

* Suitable for people with clinically straightforward conditions (who don't require a formal examination).

For example: Acne, Anxiety, Athlete's foot, Blepharitis, Colds, Conjunctivitis, Contraception (Emergency), Dry skin, Eczema, Fever, Fungal infection, Hayfever, Headache, House dust allergy, Indigestion, Influenza, Itchy eyes, Lifestyle advice, Low mood/Depression, Medical advice, Medication review, Muscle sprains/strains, Nail infections, Pink eye, Private referral letters, Sinusitis, Sleep hygiene, Smoking cessation, Sore throat, Stress, Stye, Superficial skin complaints, Urine infections, Warts/verrucae, Weight loss.



**Information for
Patients**



How to sign up

Once you've got your **unique code** and **time slot**:

- Go to **www.qdoctor.io** and click **Sign up** and choose NHS PATIENT (WITH A CODE)
- **On an iPhone or iPad**, click the link to download the **Q doctor** app and Sign up through the app (photo ID required)



- **On a laptop or Android Phone** Use the Google Chrome browser to check your settings (click 'Test your PC/device'), select your GP Practice, then SIGN UP
- **Once signed up**, select your **time slot** to enter your **unique code**. Your GP will join you around the appointment start time.

Any problems please call the **Q doctor** team
0330 223 0349



Portsmouth Group Practice:
Kingston Crescent Surgery, 92 Kingston Crescent, Portsmouth, PO2 8AL

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